



**DORMY**
CARE COMMUNITIES

Example Activities Schedule

Monday

Pet Therapy

We believe pets bring joy, comfort and companionship, which is why we regularly welcome friendly therapy dogs into our homes.

Collage of the Blind: Massage

We're delighted to welcome visitors from the local College of the Blind, who offer our residents relaxing, therapeutic massages, a soothing experience that promotes wellbeing and connection within our community.

Evening Film

Our evening film nights are a wonderful way for residents to unwind and enjoy time together.

Tuesday

Bingo and Games

Residents love getting together for lively bingo sessions and classic board games, bringing plenty of laughter, competition and shared fun to the day.

Crafts; Stick Weaving

Our residents enjoy creative stick weaving sessions, a relaxing arts and crafts activity that inspires creativity and hands-on fun.

Evening Film

Our evening film nights are a wonderful way for residents to unwind and enjoy time together.

Wednesday

Oomph Exercise

Our energising Oomph! exercise classes keep residents active and smiling, with fun, gentle routines designed to boost mobility.

Afternoon Entertainment

We welcome talented classical musicians into our homes, filling the lounges with beautiful live music. These performances create a calm and uplifting atmosphere, allowing residents to relax and reminisce.

Evening Film

Our evening film nights are a wonderful way for residents to unwind and enjoy time together.

Thursday

Catherdral Visit

Residents enjoyed an arranged trip to the local cathedral, taking in its beautiful architecture, rich history and peaceful surroundings.

Potrait of the Year

Each year, we're delighted to welcome students from the local art college who spend time painting, drawing and sketching our residents. A local artist then judges the finished portraits and crowns a winner.

Evening Film

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Friday

Morning Word Games

Residents love coming together for lively word games that spark conversation, laughter and friendly competition.

Musical Sing Along

Our musical sing-along sessions are always filled with joy and energy, bringing residents together to enjoy their favourite songs and timeless classics. Led by talented entertainers or our own team,

Evening Film

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Saturday

Birthday in the Coffee Shop

We love celebrating our residents' birthdays with cake, music and plenty of smiles, making each special day truly memorable.

Flower Arranging

Our flower arranging classes let residents get creative, enjoying beautiful blooms while making colourful displays to brighten the home.

Evening Film

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Sunday

Oomph Exercise

Our energising Oomph! exercise classes keep residents active and smiling, with fun, gentle routines designed to boost mobility.

Water Colour Art Class

Our watercolour art classes offer residents a relaxing and creative way to express themselves. Guided by our friendly team, everyone can experiment with colours, techniques and themes.

Evening Film

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