




DORMY
CARE COMMUNITIES

Example Menu // Freshly Prepared Daily

Monday	Tuesday	Wednesday	Thursday
<p>Starter</p> <p>Greek halloumi cheese, kalamata olives, sweet chilli dressing</p> <p>Or</p> <p>Cream of mushroom with tarragon soup with warm crusty bread (v)</p> <hr/> <p>Main</p> <p>Salmon, hollandaise sauce fine beans & new potatoes</p> <p>Or</p> <p>Thai green vegetable curry with jasmine rice (v)</p> <hr/> <p>Dessert</p> <p>Warm apple pie with Chantilly cream & options from the dessert trolley</p>	<p>Starter</p> <p>Traditional prawn cocktail with marie rose sauce & brown bread</p> <p>Or</p> <p>Roasted tomato & basil soup with warm crusty bread (v)</p> <hr/> <p>Main</p> <p>Shepherds pie with red wine & onion gravy seasonal vegetables</p> <p>Or</p> <p>Baked aubergine, mozzarella, neopolitan sauce, basil (v)</p> <hr/> <p>Dessert</p> <p>Duo of chocolate mousse, seasonal sliced fruits & options from the dessert trolley</p>	<p>Starter</p> <p>Stilton & garlic mushrooms</p> <p>Or</p> <p>Creamy leek & potato soup with warm crusty bread (v)</p> <hr/> <p>Main</p> <p>Fish pie, salmon, prawns & cod finished with white wine & cream</p> <p>Or</p> <p>Camembert & red onion tartlets served with dressed salad leaves(v)</p> <hr/> <p>Dessert</p> <p>Crème brûlée & options from the dessert trolley</p>	<p>Starter</p> <p>Smoked duck pate with melba toast & caramelised onion marmalade</p> <p>Or</p> <p>Sweet potato & rosemary soup with warm crusty bread (v)</p> <hr/> <p>Main</p> <p>Beef bourguignon served with creamed potatoes & selection of seasonal vegetables</p> <p>Or</p> <p>Mushroom and pepper stroganoff with steamed rice (v)</p> <hr/> <p>Dessert</p> <p>Raspberry pannacota with home made shortbread biscuit & options from the dessert trolley</p>
Friday	Saturday	Sunday	
<p>Starter</p> <p>Chicken satay skewers served with peanut dipping sauce</p> <p>Or</p> <p>Celeriac and apple soup with warm crusty bread (v)</p> <hr/> <p>Main</p> <p>Beer battered cod, homemade fries, mushy peas, tartar sauce</p> <p>Or</p> <p>Red peppers stuffed with couscous served with a tomato & origanum sauce (v)</p> <hr/> <p>Dessert</p> <p>Spotted dick with custard & options from the dessert trolley</p>	<p>Starter</p> <p>Deep fried breaded brie with home-made cranberry sauce</p> <p>Or</p> <p>Broccoli & stilton soup with warm crusty bread (v)</p> <hr/> <p>Main</p> <p>Filet of pork wrapped in bacon served with a red wine & shallot sauce</p> <p>Or</p> <p>Spinach, lentil & potato curry with pilau rice (v)</p> <hr/> <p>Dessert</p> <p>Baileys and Malteasers cheesecake & options from the dessert trolley</p>	<p>Starter</p> <p>Smoked salmon with blinis</p> <p>Or</p> <p>Roasted tomato & basil soup with warm crusty bread (v)</p> <hr/> <p>Main</p> <p>Roast sirloin of Welsh beef, Yorkshire pudding, duck fat roast potatoes & seasonal veg</p> <p>Or</p> <p>Broccoli & cauliflower mornay with roast potatoes & seasonal veg (v)</p> <hr/> <p>Dessert</p> <p>Plum crumble with vanilla custard & options from the dessert trolley</p>	<p>In Addition</p> <p>All items on the menu can be adapted and tailored to suit all dietary requirements including vegan and dairy free alternatives.</p> <p>Fresh fruit, selection of ice creams and cheese and biscuits are always available. There is also a separate lighter bites menu offering alternative choices, please ask us for more information.</p>